



Detoxification Program

Are you interested in:

- Cleansing your body
- Reducing allergy symptoms
- Lowering blood pressure
- Lowering cholesterol
- Improving intestinal health
- Improving moods
- Feeling more energetic and vital
- Improving your cognitive function (better thinking, memory and comprehension)
- Looking and feeling great
- Losing weight
- Improving musculoskeletal & joint pain
- Improving skin conditions

We are living in a toxic world. Of the more than 100,000 chemicals that are used commercially, 25,000 are known to be hazardous to our health. Research has shown recently that 100% of human fat cell biopsies have elevated levels of toxins. Every day our bodies are exposed to toxins from the air we breathe, the foods we eat and drink, the medications we consume, and from our own body's metabolism. Many of these chemicals are known to disrupt hormones, cause cancer and contribute to many of our health problems.

Our detoxification program is designed to be a safe and effective method of clearing these unwanted toxins from your body. You will look and feel better as your body mobilizes and removes unwanted toxins.

We will help you to take the initial step on the path of healthy living. Use our program as a map and Dr. Takashima as a guide to begin this journey to improved health and vitality!

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